

Suppression of intestinal inflammation and inflammation-driven colon cancer in mice by dietary sphingomyelin: importance of peroxisome proliferator-activated receptor γ expression

Joseph C. Mazzei^a, Hui Zhou^a, Bradley P. Brayfield^a, Raquel Hontecillas^b,
Josep Bassaganya-Riera^{b,*}, Eva M. Schmelz^{a,*},¹

^aDepartment of Human Nutrition, Foods and Exercise, Virginia Bioinformatics Institute, Virginia Polytechnic Institute and State University, Blacksburg, VA 24061, USA

^bLaboratory of Nutritional Immunology and Molecular Medicine, Virginia Bioinformatics Institute, Virginia Polytechnic Institute and State University, Blacksburg, VA 24061, USA

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Abstract

Inflammation of the gastrointestinal tract increases the risk of developing colon cancer especially in younger adults. Dietary compounds are not only associated with the etiology of inflammation and colon cancer but also in their prevention. Sphingolipid metabolites have been shown to play a role in the initiation and perpetuation of inflammatory responses. In the present study, we investigated the suppression of dextran sodium sulfate-induced colitis and azoxymethane-induced colon cancer by dietary sphingomyelin (SM) in mice that lack functional peroxisome proliferator-activated receptor γ (PPAR- γ) in intestinal epithelial and immune cells. Dietary SM decreased disease activity and colonic inflammatory lesions in mice of both genotypes but more efficiently in mice expressing PPAR- γ . The increased survival and suppression of tumor formation in the SM-fed mice appeared to be independent of PPAR- γ expression in immune and epithelial cells. Using a real-time polymerase chain reaction array, we detected an up-regulation in genes involved in Th1 (interferon γ) and Th17 (interleukin [IL]-17 and IL-23) responses despite the reduced inflammation scores. However, the genes involved in Th2 (IL-4, IL-13 and IL-13ra2) and Treg (IL-10rb) anti-inflammatory responses were up-regulated in a PPAR- γ -dependent manner. In line with the PPAR- γ dependency of our *in vivo* findings, treatment of RAW macrophages with sphingosine increased the PPAR- γ reporter activity. In conclusion, dietary SM modulated inflammatory responses at the early stages of the disease by activating PPAR- γ , but its anticarcinogenic effects followed a PPAR- γ -independent pattern.

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1. Introduction

Colorectal cancer is a prevalent cancer among the older population (146,970 were diagnosed and 49,920 died of colorectal cancer in 2009), with a median age at diagnosis of 71 years [1]. The most common risk factors include genetic predisposition and environmental factors such as carcinogens and dietary patterns. Intestinal inflammation (ulcerative colitis and Crohn's disease), however,

drastically increases the risk of developing colon cancer especially at early age (younger than 30 years old) [2]. The risk of developing colorectal cancer for an ulcerative colitis patient is estimated to be 2% after 10 years, 8% after 20 years and 18% after 30 years of disease onset [3]. A prevention strategy that targets inflammation could, therefore, be successful to prevent the colon cancer in these high-risk groups.

Dietary components affect the risk of developing colon cancer [4]. In this regard, our studies have shown that dietary sphingolipids suppress early and late stages of carcinogen-induced colon cancer [5–8] and suppress tumor formation in Min mice [9,10]. Orally administered complex sphingolipids are hydrolyzed to ceramide and sphingosine throughout the intestinal tract [11–14], which are the same bioactive metabolites generated *in vitro* shown to regulate growth, death, differentiation and motility of cells [15,16]. Bioactive sphingolipid metabolites have also been implicated in the generation or perpetuation of inflammatory responses in endothelial cells [17], adipose tissue [18], lung [19] and immune cells [20]. A recent report demonstrated an increase of ceramide in colonic lipid extracts from dextran sodium sulfate (DSS)-treated mice *in vivo* [21]. On the other hand, dietary sphingomyelin (SM) did not affect antibody formation, natural killer cell cytotoxicity or delayed-type hypersensitivity in

* Corresponding authors. Eva M. Schmelz is be contacted at the Department of Human Nutrition, Foods and Exercise (HNFE), Virginia Polytechnic Institute and State University, Blacksburg, VA 24061. Tel.: +1 540 231 3649; fax: +1 540 231 2947; Josep Bassaganya-Riera, Laboratory of Nutritional Immunology and Molecular Medicine, Virginia Bioinformatics Institute, Virginia Polytechnic Institute and State University, Blacksburg, VA 24061. Tel.: +1 540 231 7421; fax: +1 540 231 2606.

E-mail addresses: jbassaga@vt.edu (J. Bassaganya-Riera), eschmelz@vt.edu (E.M. Schmelz).

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carcinogen-treated mice [22]. However, a recent study found that orally administered SM lowered DSS-induced inflammation in Jci:ICR mice [23]. This appears to contradict the proinflammatory effect of the bioactive sphingolipid metabolites summarized above.

While the exact mechanism for the elevated colon cancer risk by colonic inflammation is still unknown, recent studies have been investigating whether the marked reduction in levels of the nuclear peroxisome proliferator-activated receptor (PPAR) γ in colons of patients with ulcerative colitis may play a role in their increased susceptibility to developing colorectal cancer [24]. Peroxisome proliferator-activated receptors belong to the superfamily of nuclear hormone receptors with 48 members identified in the human genome. There are three known PPAR isoforms: α , β or δ , and γ , which differ in their tissue distribution and functional activity [25]. Peroxisome proliferator-activated receptors are endogenously controlled molecular switches that regulate inflammation, immunity and metabolism [26,27], but their main biological function is the sensing of intracellular nutrient concentrations and regulation of gene expression involved in maintaining both metabolic and immune homeostasis. Since PPAR- γ is ubiquitously expressed in immune cells and the gut, it has already been identified as a target for preventive and therapeutic efforts since its activation attenuates inflammatory responses. Peroxisome proliferator-activated receptor γ is expressed by CD4+ T cells and regulates their differentiation into at least four functionally distinct subsets referred to as T helper (Th) 1, Th2, Th17 and induced regulatory T cells (iTreg). Functionally, Th1 and Th17 subsets are linked to increased risk of autoimmune disorders, whereas Treg cells can prevent inflammatory and immune mediated diseases [28].

In this regard, we have shown previously that conjugated linoleic acid suppressed inflammation-induced colorectal cancer in a strictly PPAR- γ -dependent manner [29]. We have also demonstrated that abscisic acid can suppress experimental inflammatory bowel disease (IBD) in a manner dependent on T-cell PPAR- γ [30]. In the present study, we set out to investigate the effect of dietary SM on inflammation-driven colon cancer to clarify the apparent contradiction of the immunological effects of sphingolipid metabolites and test the dependence of an anti-inflammatory effect on PPAR- γ expression. Our studies show that dietary SM greatly inhibited the tissue damage caused by DSS-induced colitis, enhanced the survival and reduced tumor formation. Interestingly, the anti-inflammatory of SM, but not its anticarcinogenic effects, were enhanced by PPAR- γ expression in the intestinal epithelial and immune cells.

2. Materials and methods

2.1. Mice

Since whole-body deletion of PPAR- γ is lethal by Day E10 [31], tissue-specific PPAR- γ null mice were generated as previously described [32,33]. Peroxisome proliferator-activated receptor γ *fl/fl* mice (carrying PPAR- γ gene flanked with two loxP boxes on exon 2 that are recognized by a transgenic recombinase) were cross-bred with transgenic mice carrying *Cre* gene under the control of the MMTV-LTR promoter, which expresses a transgenic recombinase only in epithelial and hematopoietic cells [34]. Peroxisome proliferator-activated receptor γ *fl/fl*, *Cre*⁺ (named PPAR- γ ^{-/-} throughout the manuscript), expresses a truncated form of messenger RNA transcript and do not express PPAR- γ protein in the intestinal epithelial cells, T cells or macrophages as confirmed by real-time reverse transcriptase-polymerase chain reaction (RT-PCR) and Western Blotting. These mice are viable without any known problems and have been used in previous studies by our group [34,35]. Both female and male mice (five per group) were used in the present studies. All experimental procedures were approved by the Institutional Animal Care and Use Committee of the Virginia Polytechnic Institute and State University and met requirements of the Public Health Service/National Institutes of Health and the Animal Welfare Act.

2.2. Diets and treatments

Peroxisome proliferator-activated receptor γ ^{+/+} and PPAR- γ ^{-/-} mice were randomly assigned into either the control or the SM-supplemented diet (10 per

group). The mice in all four groups were fed the semipurified sphingolipid-free AIN76A diet [36] throughout the study. The sphingolipid groups received 1 g/kg SM (0.1% by weight; Avanti, Alabaster, AL) in the diet. Bovine milk SM powder (99% pure) was mixed thoroughly into small batches of diet using a mixer and stored at 4°C until use. The milk SM contains mostly saturated fatty acids [37] and is stable under these conditions. The amount of SM used does not add significant amounts of caloric value to the diet and has demonstrated to have no side effects in either of our studies or those of other groups; even 1% was tolerated well over two generations of rats [38]. Amounts up to 0.1% have been used in our previous studies and have suppressed carcinogen-induced colon cancer by up to 80% [7,8,37]. After 7 days on the experimental diets, the mice were injected with a single dose of azoxymethane (AOM, 10 mg/kg bodyweight in bicarbonate buffer) to induce colon cancer. Inflammation was induced 1 week later (Day 13) by adding 2.0% DSS (molecular weight 36,000 to 44,000 g/L; ICN Biomedicals, Aurora, OH) to the drinking water for 7 consecutive days. During this time, the mice were weighed on a daily basis and examined by blinded observers for clinical signs of disease associated with colitis (i.e., perianal soiling, rectal bleeding, diarrhea and piloerection). The disease activity index (DAI) consisted of a scoring for diarrhea and lethargy (0–3), whereas rectal bleeding consisted of a visual observation of blood in feces and the perianal area (0–4). On Day 8 of the DSS challenge, the mice were switched to regular drinking water for the duration of the colon cancer study. Disease activity index and weight determinations were continued weekly until the end of the study.

2.3. Determination of tumor load

After the DAI increased—rectal bleeding indicated the existence of colon tumors—the mice were euthanized by CO₂ asphyxiation 80 days after the carcinogen injection. The colons were removed and opened longitudinally, and the tumor area was measured since the colons appeared macroscopically to be mostly a solid sheet of tumor. In case of identifiable single tumors, the tumors were measured individually and their surface areas were combined. Then, parts of the colons were either fixed in formalin or OCT for immunohistochemistry and determination of tumor progression by an experienced veterinarian, used for isolation of immune cells or preserved in RNAlater (Qiagen) using the same parts of the colon of each animal for these analyses.

2.4. Immune cell isolation from mesenteric lymph nodes

Mesenteric lymph nodes (MLNs) were excised, crushed and placed into 3 ml FACS buffer (1 × phosphate-buffered saline, 5% fetal bovine serum and 0.1% sodium azide). After the cells were centrifuged, the supernatant was discarded and the cells were washed with 10 ml of FACS buffer and centrifuged at 1200 rpm. The supernatant was discarded and the cells resuspended at 2 × 10⁶ cells/ml. Mesenteric lymph node cells were then immunophenotyped as described previously [29]. Briefly, MLN cells were seeded into 96-well plates, blocked with FcBlock (BD-Pharmingen), incubated with anti-F4/80-PE-Cy5, anti-CD11b-FITC (eBioscience) and anti-CCR2-PE (R&D systems, Minneapolis, MN) antibodies to assess macrophage infiltration, anti-CD4-FITC, anti-CD25-PE-Cy5 (BD Pharmingen) and anti-FoxP3 (after permeabilization with Cytofix-Cytoperm from BD Pharmingen) to determine T regulatory (Treg) cell infiltration. Cells were resuspended in phosphate-buffered saline for BD LSR II flow cytometer analysis and data analysis was performed with FACS Diva software.

2.5. Histopathology

The excised colons were fixed in 10% buffered neutral formalin, embedded in paraffin and then sectioned (5 μ m) and stained with hematoxylin and eosin (H&E) stain for histological examination by R.H. and J.B.R. who have more than 15 years of experience in histological/histopathological tissue analysis. Tissue slides were examined in a Nikon 80i eclipse epifluorescence microscope, equipped with DIC, color and monochromatic digital cameras. Images were digitally captured using the NIS software (Nikon) and processed in Adobe Photoshop Elements 2.0 (Adobe Systems, San Jose, CA).

2.6. Transfection of RAW 264.7 macrophages

RAW 264.7 macrophages (from ATCC) were grown in 25-mm² flasks in Dulbecco's modification of Eagle's medium (DMEM; Mediatech, Herndon, VA) containing 10% fetal bovine serum. Cells were then treated in replicates of eight, with sphingosine (1 and 2.5 μ mol/L; Avanti) and rosiglitazone (1 μ mol/L; Cayman Chemicals, Ann Arbor, MI) as a positive control or vehicle (dimethyl sulfoxide) and placed in a 37°C incubator with 5% CO₂ for 4 and 24 h. These concentrations are not toxic to the cells and were chosen because we have not detected the induction of apoptosis in any of our studies using dietary complex sphingolipids in mouse models for colon [7], breast [39] or ovarian cancer (manuscript in preparation). Reporter activity assays for PPAR- γ activity were performed as previously described [29]. Briefly, a pCMX.PPAR- γ expression plasmid and a pTK.PPRE3x luciferase reporter plasmid driven by the PPRE-containing acyl-CoA oxidase promoter (kindly provided by Dr. R.M. Evans, The Salk Institute, San Diego, CA) were transfected into RAW 264.7 cells. After 24 h, the cells were seeded into 96-well dishes, treated as indicated for 4 and 24 h, and luciferase activity was measured using

the Dual Luciferase II reporter assay system (Promega, Madison, WI) using a Modulus 96-well luminometer (Turner Biosystems, Sunnyvale, CA). All values were normalized to control wells to calculate relative luciferase activity.

2.7. Cytokine real-time PCR array

For the initial determination of changes in inflammatory responses that may be associated with the diet and genotype, PPAR- $\gamma^{+/+}$ and PPAR- $\gamma^{-/-}$ mice ($n=12$ per group) were placed on the AIN76A diet with or without the 0.1% SM throughout the study (6 per group). After 1 week, 2% DSS was added to the drinking water of three animals of each group for 7 days, during which they were weighed and scored daily. Then, all mice were euthanized by CO₂ asphyxiation followed by secondary thoracotomy; the colons were removed and rinsed, and a portion of each colon was fixed in 10% neutral buffered formaldehyde, embedded in paraffin and sectioned for H&E staining for determination of tissue architecture or placed into RNAlater. To extract RNA, the remaining colonic tissue was cut into 15- to 25-mg pieces and rinsed with RNase free water to remove the RNAlater. Then, the tissue was snap-frozen in liquid nitrogen and homogenized, and RNA was extracted using the RNeasy Mini Kit (Qiagen) according to the manufacturer's instructions and stored at -80°C until analysis.

RNA purity was assured by assessing the A260/A230 ratio and A260/A280 ratio (NanoDrop, Thermo Fisher) and the ribosomal RNA integrity using the Experion Nano LabChip (Biorad). In each group, 2 ng of RNA per mouse ($n=3$ in each group) were pooled for cDNA synthesis using the RT² First Strand Kit (SABiosciences). Real-time RT-PCR was performed in an RNA microarray format using the Inflammatory Response and Autoimmunity RT² Profiler PCR Array (PAMM-3803 SABiosciences) according to the manufacturer's instructions on an ABI 7900HT PCR machine (Applied Biosystems, Foster City, CA). Data analysis was performed using the SABiosciences analyzing tools provided online. Included in the arrays were controls for genomic DNA contamination, reverse transcription and positive PCR controls and five housekeeping genes (β -actin, GAPDH, Hsp90ab1, Hprt1, Gusb). Data presented are the fold differences between the $2^{\Delta\Delta\text{CT}}$ values for genes that were at least twofold up- or down-regulated in the treatment vs. the appropriate control group or the same treatment in different genotypes. Since the array was performed with pooled samples of three mice, no statistical analyses of the data were performed.

2.8. Statistics

Data were analyzed as 2×2 factorial arrangements of treatments. The statistical model was $Y_{ijk} = \mu + \text{Genotype}_i + \text{Diet}_j + (\text{Genotype} \times \text{Diet})_{ij} + \text{error } A_{ijk}$, in which μ was the general mean, Genotype_{*i*} was the main effect of the *i*th level of the genotypic effect (expression of PPAR- γ by immune and epithelial cells), Diet_{*j*} was the main effect of the *j*th level of the dietary effect (SM vs. no supplement), (Genotype \times Diet)_{*ij*} was the interaction effect between genotype and diet and error *A* represents the random error. To determine the statistical significance of the model, ANOVA was performed using the general linear model procedure of Statistical Analysis Software (SAS Institute, Cary, NC). When the model was significant, the analysis was followed by Fisher's least significant difference multiple comparisons method. Data were expressed as the means \pm S.E.M. Statistical significance was assessed at a *P* value of <0.05 .

3. Results

3.1. Effect of dietary SM on DSS-induced inflammation

To determine if orally administered SM affect DSS-induced colitis and colitis-driven colon cancer and whether these effects are dependent on the expression of PPAR- γ , mice expressing or lacking PPAR- γ in the intestinal epithelium and immune cells were injected with a single dose of AOM after acclimatization and treated a week later with DSS for 7 days. The DAI was determined as described under Section 2. During the acute phase of inflammation, the mice lost weight as was expected, but there was no significant difference in the weight of the control mice of either genotype during DSS treatment, recovery or throughout the rest of the study (Table 1). In both the PPAR- $\gamma^{+/+}$ and PPAR- $\gamma^{-/-}$ control groups fed the AIN76A diet without supplements, the DAI increased on Day 15 of the study (after 3 days of DSS treatment) and was consistently higher in the PPAR- $\gamma^{-/-}$ group throughout the study (significant at $P < 0.001$ on Day 4 of the DSS treatment; Table 2). The recovery from the DSS challenge was significantly delayed in the PPAR- $\gamma^{-/-}$ control group compared with the PPAR- $\gamma^{+/+}$ group ($P < 0.0001$, $P < 0.0001$ and $P < 0.007$ on Days 14, 21 and 28 of study, respectively) (Fig. 1; Table 2). This confirms earlier

Table 1

Effect of dietary supplementation with SM (0.1 g/100 g) in PPAR- $\gamma^{+/+}$ or PPAR- $\gamma^{-/-}$ mice on body weights before and after the induction of inflammation-induced colorectal cancer

Day	PPAR- $\gamma^{+/+}$		PPAR- $\gamma^{-/-}$		S.E.M.	Diet	ANOVA <i>P</i>	
	Control	0.1% SM	Control	0.1% SM			Genotype	D \times G
D0	21.66	20.41	19.41	20.83	1.203	NS	NS	NS
D7	23.00	21.40	20.82	23.45	1.079	NS	NS	NS
D13	23.67	21.50	21.18	23.90	1.159	NS	NS	0.045
D14	23.19	21.96	21.91	24.00	1.180	NS	NS	NS
D15	23.78	21.85	21.01	23.98	1.142	NS	NS	0.042
D16	24.08	22.00	21.23	24.07	1.109	NS	NS	0.035
D17	23.62	21.65	20.88	24.00	1.077	NS	NS	0.026
D18	23.19	21.17	20.33	23.58	1.049	NS	NS	0.018
D19	22.29	21.01	19.86	23.25	1.048	NS	NS	0.035
D26	18.82 ^{ab}	18.65 ^{ab}	16.29 ^b	21.73 ^a	0.926	0.013	NS	0.008
D33	22.55 ^{ac}	20.95 ^{bc}	17.54 ^b	24.60 ^a	0.752	0.006	NS	0.0001
D40	24.18 ^a	22.525 ^{ab}	19.45 ^b	25.18 ^a	0.793	0.04	NS	0.001
D47	24.36 ^{ab}	22.51 ^{ab}	21.38 ^b	25.88 ^a	0.836	NS	NS	0.005
D54	24.98 ^{ab}	23.00 ^{ab}	21.66 ^b	25.98 ^a	0.815	NS	NS	0.004
D61	24.22	23.70	21.85	25.79	0.827	NS	NS	0.03
D68	25.2	21.88	20.97	25.79	0.981	NS	NS	0.002

^a Least squares means values ($n=10$) in a row for a particular body weight (grams) with different superscripts are significantly different ($P < 0.05$).

^b On Day 7, mice were challenged with AOM (intraperitoneal), and on Day 13, mice were administered 2% DSS in the drinking water for 7 days as described in Section 2.

^c Data were analyzed as a 2×2 factorial arrangement (i.e., two genotypes and two dietary treatments).

studies showing an increased DAI after DSS treatment in PPAR- $\gamma^{-/-}$ mice [34] and indicates an anti-inflammatory effect of PPAR- γ .

Spingomyelin supplements significantly suppressed the inflammatory response to DSS compared with the controls of both genotypes. While there was no difference in the DAI during acute inflammation between the groups fed SM, the onset of the inflammation was delayed in PPAR- $\gamma^{+/+}$ mice, and their recovery was significantly accelerated after the DSS was removed from the drinking water ($P < 0.039$, $P < 0.001$ and $P < 0.029$ for Diet \times Genotype on Days 26, 33 and 40 (Fig. 1, Table 2); 7 days after the last day of DSS treatment, the DAI had already returned to zero in the SM-fed PPAR- $\gamma^{+/+}$ mice while PPAR- $\gamma^{+/+}$ mice still showed an average DAI of 1.80. These results suggest both PPAR- γ -dependent and PPAR- γ -

Table 2

Effect of dietary supplementation with SM (0.1 g/100 g) in PPAR- $\gamma^{+/+}$ or PPAR- $\gamma^{-/-}$ mice on DAIs after the induction of inflammation-induced colorectal cancer

Day	PPAR- $\gamma^{+/+}$		PPAR- $\gamma^{-/-}$		S.E.M.	ANOVA <i>P</i>	Diet	Genotype	D \times G
	Control	0.1% SM	Control	0.1% SM					
D0	—	—	—	—	—	—	—	—	—
D7	—	—	—	—	—	—	—	—	—
D13	0.00	0.00	0.00	0.00	0.000	—	—	—	—
D14	0.00	0.00	0.00	0.00	0.000	—	—	—	—
D15	0.10	0.00	0.40	0.00	0.971	0.01	NS	NS	NS
D16	0.85 ^{ab}	0.11 ^b	1.50 ^a	0.85 ^{ab}	0.196	0.001	0.001	NS	NS
D17	2.20	1.77	2.60	1.60	0.338	0.045	NS	NS	NS
D18	2.85	2.11	3.20	2.10	0.297	0.004	NS	NS	NS
D19	3.05	2.61	3.20	2.70	0.249	NS	NS	NS	NS
D26	2.00 ^{ab}	0.00 ^c	2.87 ^a	1.80 ^b	0.200	0.0001	0.0001	0.0001	0.039
D33	0.00 ^b	0.00 ^b	0.80 ^a	0.10 ^b	0.081	0.001	0.0001	0.0001	0.001
D40	0.00 ^b	0.00 ^b	0.83 ^a	0.10 ^b	0.125	0.02	0.007	0.007	0.029
D47	0.20	0.06	0.08	0.40	0.175	NS	NS	NS	NS
D54	0.40	0.69	0.66	1.20	0.377	NS	NS	NS	NS
D61	0.90	1.06	0.33	1.20	0.318	NS	NS	NS	NS
D68	0.60	1.38	1.50	0.89	0.373	NS	NS	NS	NS

^a Least squares means values ($n=10$) in a row for a particular DAI with different superscripts are significantly different ($P < 0.05$).

^b On Day 7, mice were challenged with AOM (intraperitoneal) and on Day 13 mice were administered 2% DSS in the drinking water for 7 days as described in Section 2.

^c Data were analyzed as a 2×2 factorial arrangement (i.e., two genotypes and two dietary treatments).

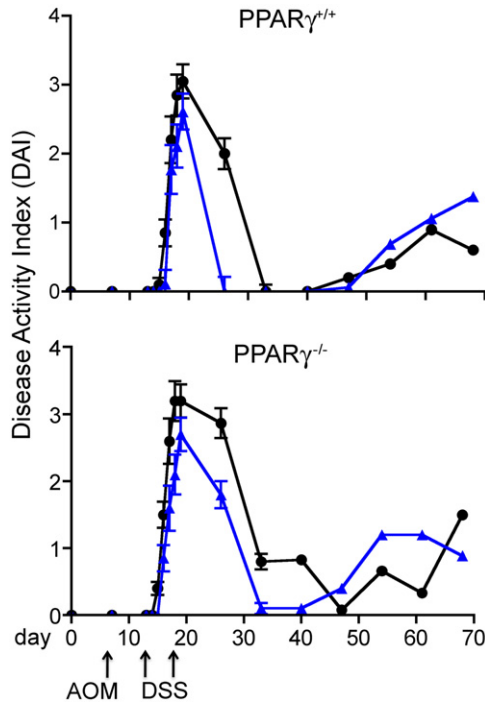


Fig. 1. Disease activity index in PPAR- γ -expressing (PPAR- $\gamma^{+/+}$) and tissue-specific knockout (PPAR- $\gamma^{-/-}$) mice lacking PPAR- γ in intestinal epithelial cells, macrophages and T cells. All mice were injected with a single dose of AOM, treated with 2.0% DSS for 7 days and fed either the AIN76A diet alone (circles) or supplemented with 0.1% SM (triangles) ($n=10$ per group).

independent pathways of suppression of colonic inflammation and recovery from the DSS colitis by dietary SM. After the recovery from the DSS-induced inflammation, the DAI in all groups increased over the course of the study, indicating the development of colonic tumors, which is often associated with intestinal bleeding and blood in the feces. However, the number of mice in the control groups was very small at the end of the study and there were no statistically significant differences in DAI at these time points (Table 2).

3.2. Long-term effects of the combined AOM and DSS treatment

The DSS-induced intestinal inflammation is an established model for ulcerative colitis and has been used in many studies to investigate the tumor-promoting effect of intestinal inflammation. Upon removal of DSS from the drinking water, mice will recover from the damage;

this has been also observed in our previous studies [35]. Surprisingly, in the present study, the control mice showed an overly strong response to the treatment although the DSS concentration was similar or even lower than those used in other reports and several mice did not recover after DSS discontinuation and reached the euthanasia endpoint as defined by the animal welfare guidelines and were sacrificed when found moribund. As shown in Fig. 2, only three of the PPAR- $\gamma^{+/+}$ and 2 of the PPAR- $\gamma^{-/-}$ control mice survived until the end of the study. In the SM-fed groups, seven of the PPAR- $\gamma^{+/+}$ and eight of the PPAR- $\gamma^{-/-}$ survived ($P=.075$ and $P=.0051$ compared with the appropriate controls, respectively). This increased survival in the SM-fed groups suggests that the suppression of the initial response to the DSS treatment may be critical for the survival of the mice. Also, the choice of basal diet may have affected the severity of the inflammatory response. AIN76A is essentially sphingolipid-free [14], while the lipid source has been changed from corn to soy oil in the AIN93 diets. Soy is a rich source of sphingolipids, and even small amounts may have exerted protective effects in previous studies. However, this needs to be investigated in more detail.

Hematoxylin and eosin-stained sections of the colons of mice at the end of the study showed a distortion of the columnar shape of the colonic crypts, generating a loose tissue architecture (arrows) and a lack of mucin-producing goblet cells in most areas of the colons of PPAR- $\gamma^{-/-}$ mice (arrowheads). In PPAR- $\gamma^{+/+}$ mice, the tissue architecture was better preserved and more goblet cells were visible (Fig. 3, upper). However, these tissues were derived from mice that survived the DSS treatment, while 7 of 10 and 8 of 10 of the PPAR- $\gamma^{+/+}$ and PPAR- $\gamma^{-/-}$ mice, respectively, succumbed to the DSS-induced injuries; these colons, therefore, may represent mice with less initial damage to their tissue architecture. These deleterious changes were greatly reduced by the dietary SM in the colons of the mice of either genotype (Fig. 3, lower). Most of the PPAR- $\gamma^{+/+}$ mice showed the distinct colonic architecture with abundant goblet cells (open arrowheads); this was also seen in the PPAR- $\gamma^{-/-}$ mice, but there were also larger areas of less tight crypts that lacked goblet cells despite the SM in the diet in this group.

3.3. Tumor formation

Mice of both genotypes were injected with a single dose of AOM to induce colon tumors. After 80 days, the colons of control mice macroscopically appeared as a solid tumor sheet without discernible single tumors. Therefore, the tumor area rather than tumor number was determined. As shown in Fig. 4, the tumor area in the PPAR- $\gamma^{-/-}$ mice was larger than in the PPAR- $\gamma^{+/+}$. There was no effect of the SM supplement in the PPAR- $\gamma^{+/+}$ mice, but the tumor area in the PPAR- $\gamma^{-/-}$ mice was significantly smaller in the SM-fed

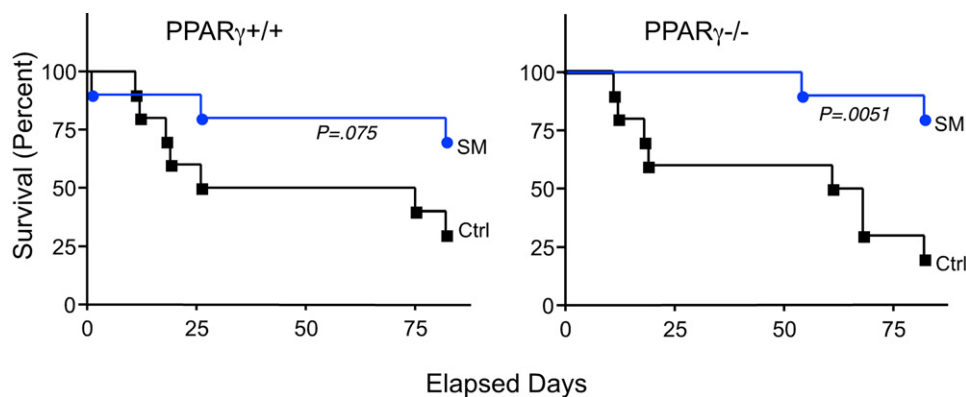


Fig. 2. The survival of mice after DSS treatment (2% for 7 days) is enhanced in mice fed SM independent of their genotype.

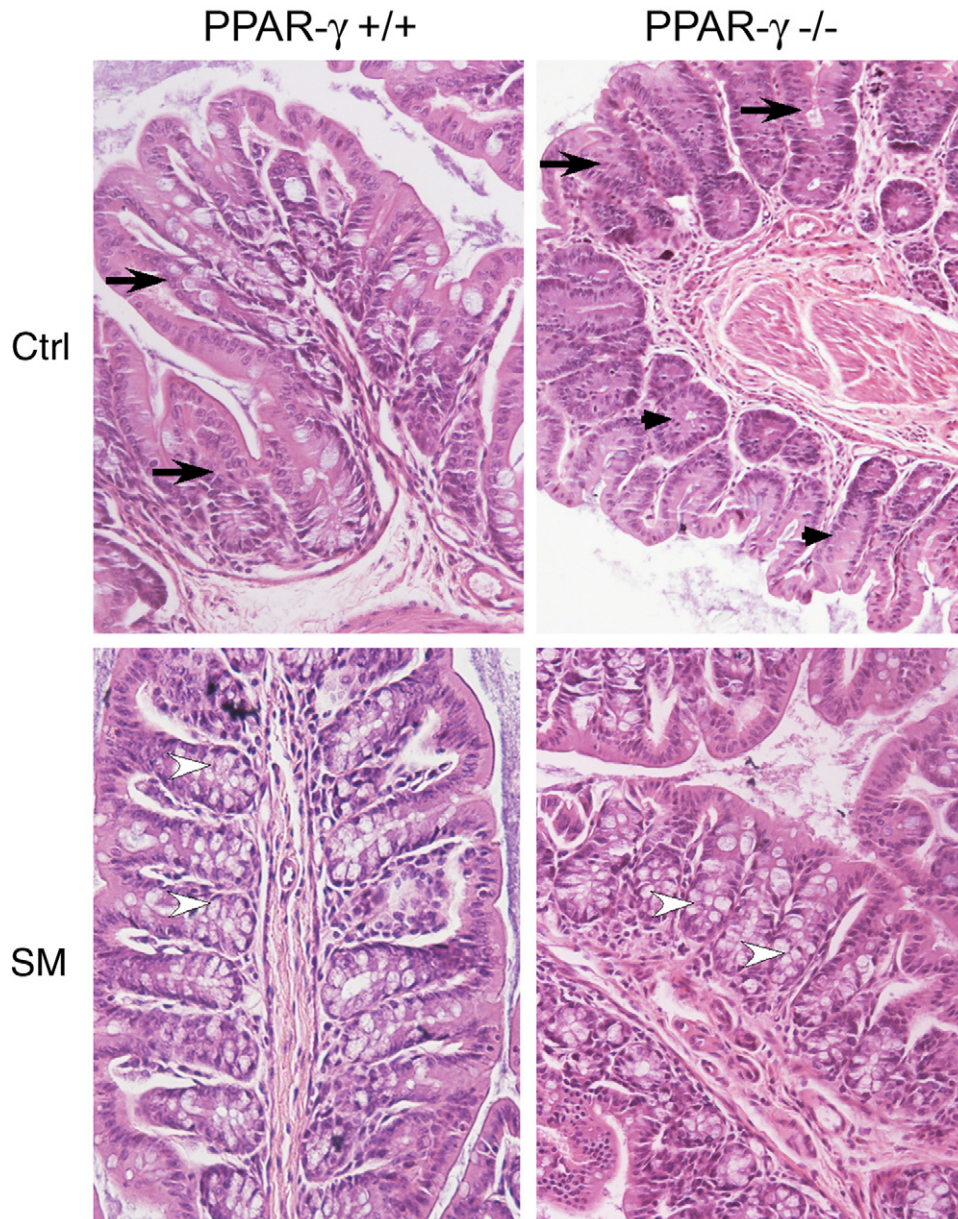


Fig. 3. Changes in the colonic architecture, determined by H&E staining in colons from mice treated with a single dose of AOM, 2% DSS for 7 days and maintained on control AIN76A diet alone (upper) or supplemented with 0.1% SM (80 days after the beginning of the study; $n=2/17$ PPAR- $\gamma^{+/+}$ control/SM fed, $n=3/18$ PPAR- $\gamma^{-/-}$ control/SM).

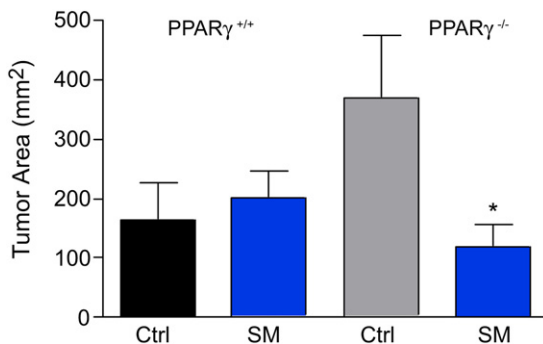


Fig. 4. Tumor area PPAR- $\gamma^{+/+}$ and PPAR- $\gamma^{-/-}$ mice 80 days after a single AOM injection (* $P<.05$).

mice ($P=.0251$). This confirms our observations that dietary SM suppressed tumor formation in other models; however, since the number of mice in this study was small, these results need to be confirmed. Next, we determined the infiltration of immune cells into the colonic tissue and the progression of the colonic tumors microscopically in H&E-stained colonic sections. As shown in Fig. 5, there was a substantial lymphoplasmacytic infiltrate in the colonic tissue of control-fed mice of either genotype as determined by histological examination of the H&E-stained colonic sections; this was reduced by dietary SM. There was no difference in the number of adenomas per section, but there are fewer areas that had progressed to adenocarcinomas in the PPAR- $\gamma^{+/+}$ mice. Dietary SM had no effect on the number of adenomas, but SM-fed mice exhibited fewer adenocarcinomas, confirming the results of our earlier studies in carcinogen-induced colon cancer models and suggesting that the suppression of tumor progression by dietary SM is PPAR- γ -independent.

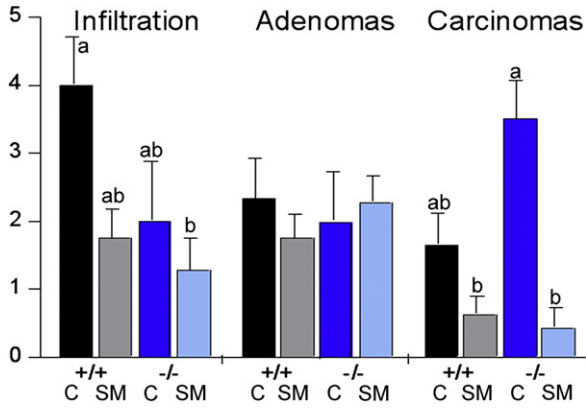


Fig. 5. Immune cell infiltration and progression of colon cancer in PPAR- $\gamma^{+/+}$ and PPAR- $\gamma^{-/-}$ mice fed AIN76A diet alone or with SM supplements. Means without common letter are different ($P < .05$).

3.4. Sphingomyelin changes immune cell population in MLNs

Mesenteric lymph node and spleen were harvested to determine if the effect of SM is restricted locally to the intestinal mucosa and inductive mucosal sites (MLN) or if there is a systemic change in immune cells populating the spleen. While there was no effect on immune cell population in the spleen (data not shown), there was a reduction in the F4/80+ macrophage population in MLN in the SM-fed groups of either genotype and a trend to reduced number of CD4+

T cells (Fig. 6). These numbers, however, need to be confirmed in a larger group, but they suggest that dietary SM can affect immune cell populations in the MLNs.

3.5. Changes in cytokine and chemokine expression levels by dietary SM

To direct our mechanistic studies of how dietary SM reduced DSS colitis, changes in messenger RNA expression levels of common proinflammatory and anti-inflammatory and regulatory genes were determined. This is especially important since endogenous sphingolipids have been associated with increased inflammation while dietary SM reduced the severity of DSS-induced inflammation and significantly increased the recovery in an at least partially PPAR- γ -dependent manner as shown above. Therefore, mice of both genotypes ($n=3$ per group) were either treated with DSS or plain water and fed the AIN76A diet alone or supplemented with SM as described under methods. To confirm inflammation after 7 days of treatment, colonic H&E-stained sections were evaluated. At the peak of inflammation, all three PPAR- $\gamma^{+/+}$ mice (Fig. 7, middle) showed a greatly compromised colonic tissue architecture when compared with the colons of mice not treated with DSS (Fig. 7, upper). There was a large influx of immune cells (arrows) and the typical columnar shape of the colonic crypts (arrowheads) was apparent in less than 40% of the observed tissue. In PPAR- $\gamma^{-/-}$ mice, the colonic tissue architecture was completely destroyed; there was a massive influx of immune cells and intact colonic crypts were not found. These changes were attenuated in the SM-fed mice (Fig. 7, lower). The colons of two of three PPAR- $\gamma^{+/+}$ mice had recognizable crypt-like colonic

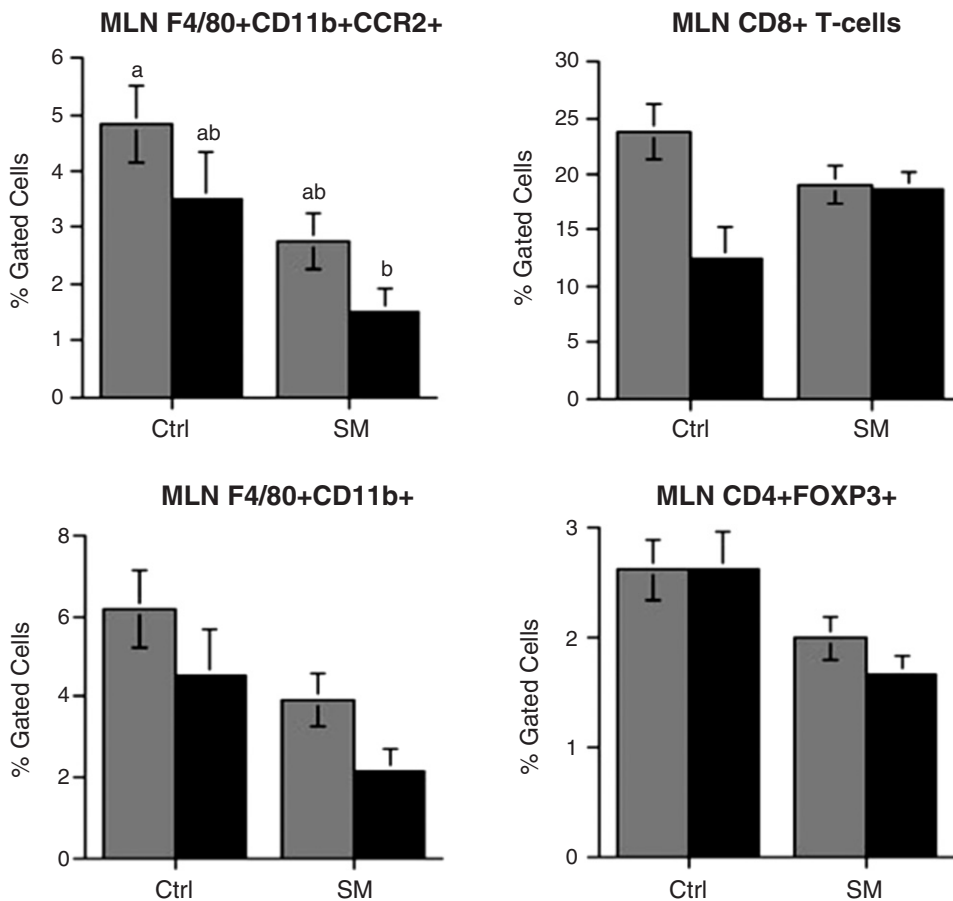


Fig. 6. Changes in macrophage (left) and T-cell (right) populations in MLNs of PPAR- $\gamma^{+/+}$ mice (black bars) and PPAR- $\gamma^{-/-}$ mice (grey bars) 80 days after AOM injection. Mice were fed AIN76A diet alone (control) or supplemented with 0.1% SM.

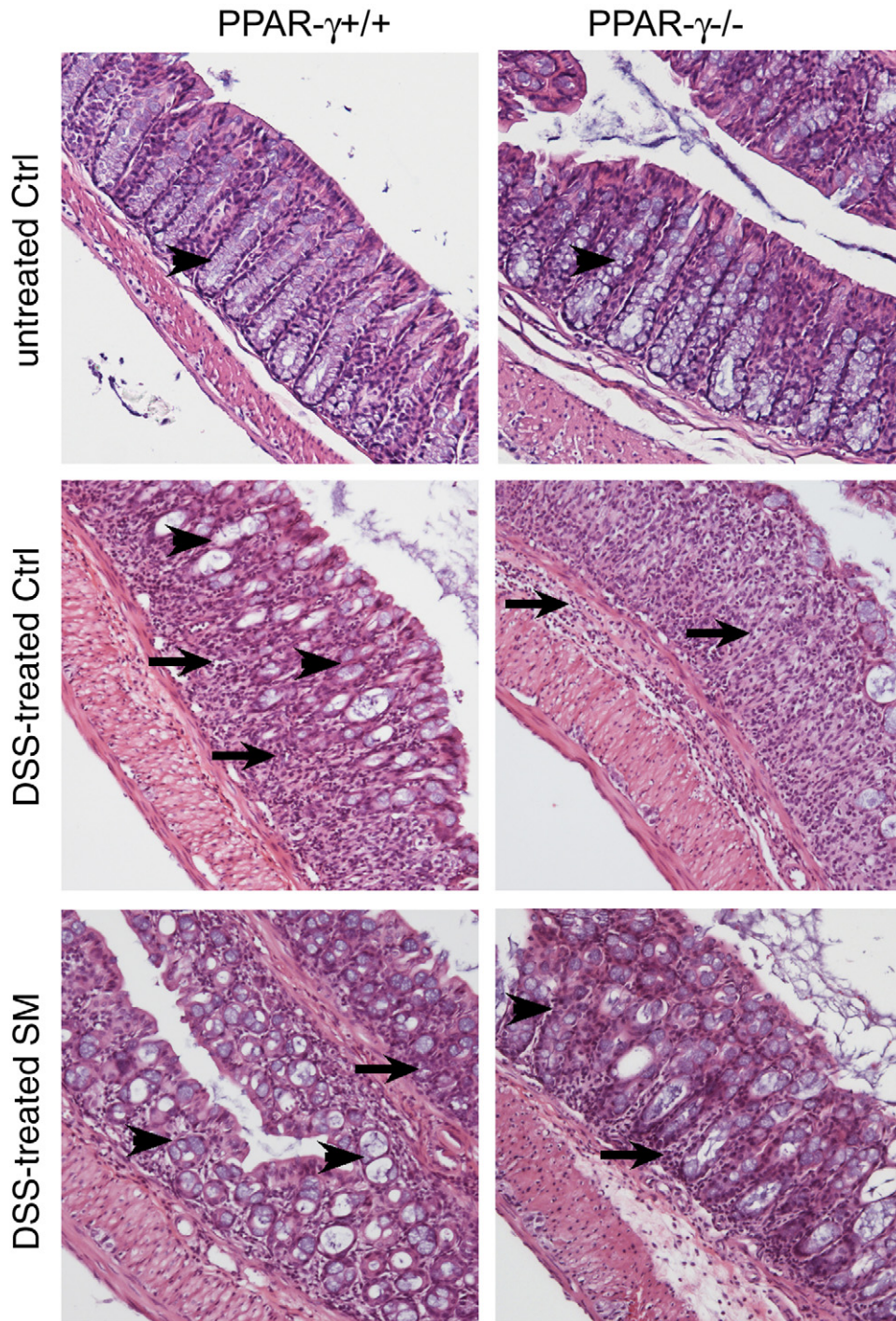


Fig. 7. Representative images of H&E-stained colonic sections from untreated PPAR- $\gamma^{+/+}$ or PPAR- $\gamma^{-/-}$ mice (upper), at the peak of intestinal inflammation induced by 2.0% DSS. (middle) Mice fed the control AIN76A diet; (lower) representative images from mice fed SM supplements. Arrows: immune cell infiltration; arrowheads: typical colonic columnar tissue architecture.

architecture in more than 80% of the observed area while this was less in the colons of PPAR- $\gamma^{-/-}$ mice. This confirms our observations that dietary SM reduced the DSS-induced damage to the colonic tissue and suggests that retaining of some tissue architecture may have been critical for the survival of the SM-fed mice in the study described above. However, a large influx of immune cells, albeit less than in the controls, was also apparent in the SM-fed mice.

Since the composition of the inflammatory cells may have been critical for the survival of the SM-fed mice after the DSS challenge, we next began to investigate the proinflammatory and anti-inflammatory

gene expression levels in the colons using a real-time RT-PCR array that contained 372 genes. These genes are involved in inflammatory response, autoimmunity and tissue regeneration, but some have also been associated with differentiation, proliferation, carcinogenesis and angiogenesis, allowing for the identification of critical signaling events or pathways that are targeted by SM to direct our future mechanistic studies. We first compared gene expression levels in the colons of untreated mice of both genotypes to identify genes specifically regulated by dietary SM and not inherent to the genotype. There were few genes differentially expressed in PPAR- $\gamma^{+/+}$ vs. PPAR- $\gamma^{-/-}$

mice (Fig. 8, left). Most of the genes that were more than twofolds higher expressed in PPAR- $\gamma^{+/+}$ than in PPAR- $\gamma^{-/-}$ mice were cytokines and chemokines; however, these were also the categories of genes with lower expression levels in PPAR- $\gamma^{+/+}$ mice. Cytokine and chemokine expression levels were elevated in both genotypes after DSS treatment (29 genes in PPAR- $\gamma^{+/+}$ and 66 in PPAR- $\gamma^{-/-}$ mice). Most of the inflammatory genes up-regulated in PPAR- $\gamma^{+/+}$ mice were also up-regulated in PPAR- $\gamma^{-/-}$ mice; only a small number of genes were down-regulated by DSS treatment (20 in PPAR- $\gamma^{+/+}$ and 11 in PPAR- $\gamma^{-/-}$ with very little overlap). Comparing the expression levels of these genes after DSS treatment between the groups, only one gene was higher expressed in the acute inflamed colons of PPAR- $\gamma^{+/+}$ mice by more than fourfolds (Ccl17) while several cytokines and chemokines (Csf3, Cxcl11, Cxcl13, interferon [IFN] α 4) and inflammatory response genes (Prok2, Reg3a, S100a8) showed lower expression levels (Fig. 8, right). These results demonstrate that PPAR- γ expression in the intestinal epithelium and immune cells greatly affects the inflammatory response to DSS treatment but has a less profound effect in untreated animals.

We next determined which inflammatory genes are targeted by dietary SM and if this is dependent on PPAR- γ expression. Changes in gene expression levels in response to SM supplements were compared in colons from mice either treated with DSS or vehicle alone. As shown in Fig. 9 (upper), SM supplements increased several cytokines and chemokines by more than twofolds in both genotypes. However, more cytokines, cytokine receptors and genes involved in the inflammatory response were down-regulated in PPAR- $\gamma^{+/+}$ mice (genes listed in Table 3A). While the categories of genes were similar and several genes were regulated in the same direction as in PPAR- $\gamma^{+/+}$ mice (Table 3, underlined), several genes were changed in the opposite direction in PPAR- $\gamma^{-/-}$ mice (Table 3A, in bold). In DSS-treated mice, the response to SM was more pronounced compared with untreated mice (Fig. 9, lower; gene list in Table 3B). The patterns of genes up-regulated by dietary SM during DSS colitis consisted essentially of (1) chemokines and chemokine receptors expressed in

epithelial cells and involved in cell trafficking to the gut (Ccl19, Ccl11, Ccl20, Cxcl9, Cxcl11), (2) genes involved in CD4+ T-cell differentiation and fate, including Th1 (IFN- γ), Th17 (interleukin [IL]-17 and IL-23), Th2 (IL-4, IL-13 and IL-13R) and Treg (IL-10R). CD4+ -naive T helper cells respond to antigenic stimulation by differentiating into one of at least four known fates: Th1, Th2, Th17 and Treg. Each of these phenotypes is characterized by their function as well as the cytokines being secreted. The majority of genes and pathways up-regulated by SM (Th1, Th17, gut homing chemokines and chemokine receptors) are immunostimulatory and proinflammatory, which is in agreement with results from previous studies demonstrating the proinflammatory effect of sphingolipid metabolites. However, the up-regulation of genes in the Th2 differentiation pathway (IL-4, IL-13 and IL-13R) and Treg-related genes such as IL-10R is in line with an anti-inflammatory effect and are modulated by SM in a PPAR- γ -dependent manner. Furthermore, dietary SM suppressed the expression of other regulatory molecules such as members of the TGF superfamily that mediate apoptosis (Fas), inflammatory signaling intermediates such as Myd88, DOCK2 and transcriptional regulators such as Nfe2l1, Nf κ B and Stat3 also in a PPAR- γ -dependent manner, thereby favoring an anti-inflammatory environment.

Several SM-regulated genes have also been associated with tissue protection or regeneration (Fas [40], Serpina3n, Spp1 [41], Trap1 [42]) or have a potential effect on colon cancer (ErbB2, Slurp1 [43], Lta [44], Ltb [45], Nf κ B [46], Serpina1 [47], Tlr5 [48]), suggesting that in addition to modifying the proinflammatory and anti-inflammatory balance toward an anti-inflammatory environment, SM also may affect tumor initiation and promotion.

3.6. Effect of sphingolipid metabolite sphingosine on PPAR- γ transcriptional activity of macrophages

To support our findings that SM affects anti-inflammatory events in a PPAR- γ -dependent manner, we determined whether sphingolipid metabolites activate PPAR- γ in immune cells we treated RAW

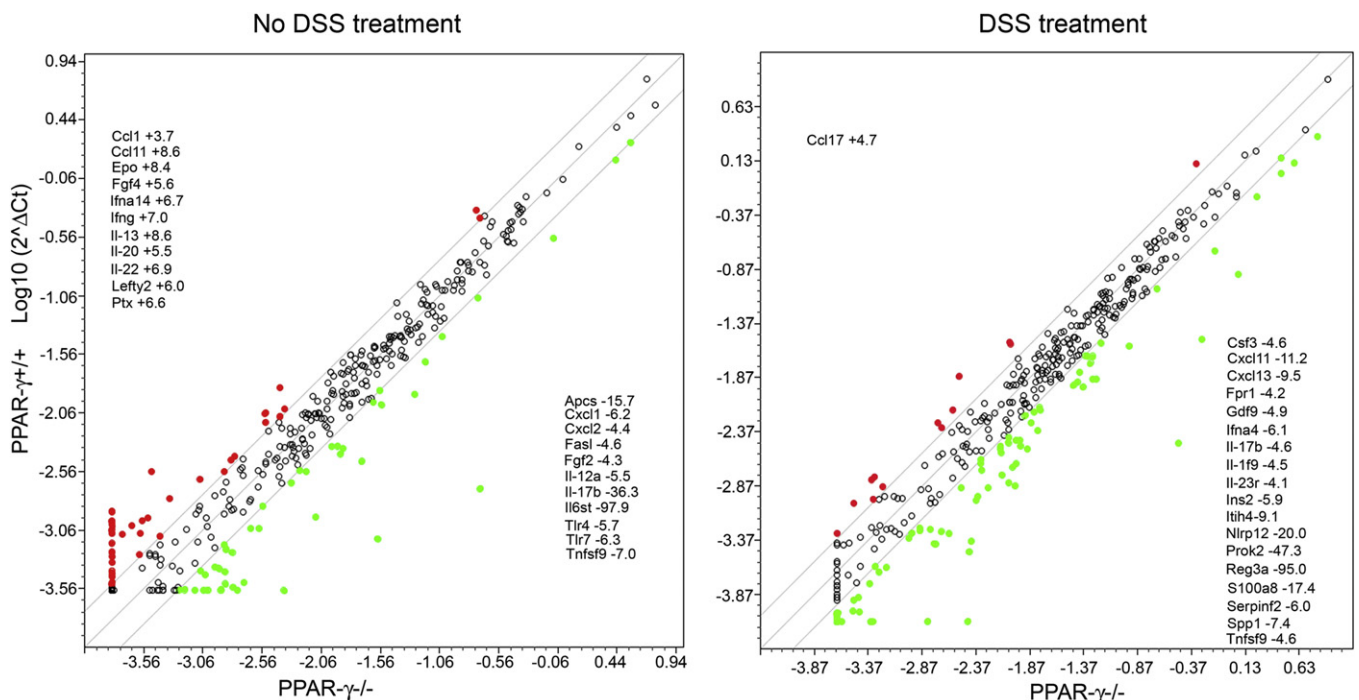


Fig. 8. Comparison of proinflammatory and anti-inflammatory gene expression levels between PPAR- $\gamma^{+/+}$ and PPAR- $\gamma^{-/-}$ mice (left) and after treatment with 2% DSS in the drinking water for 7 days (right) as determined by a real-time PCR array.

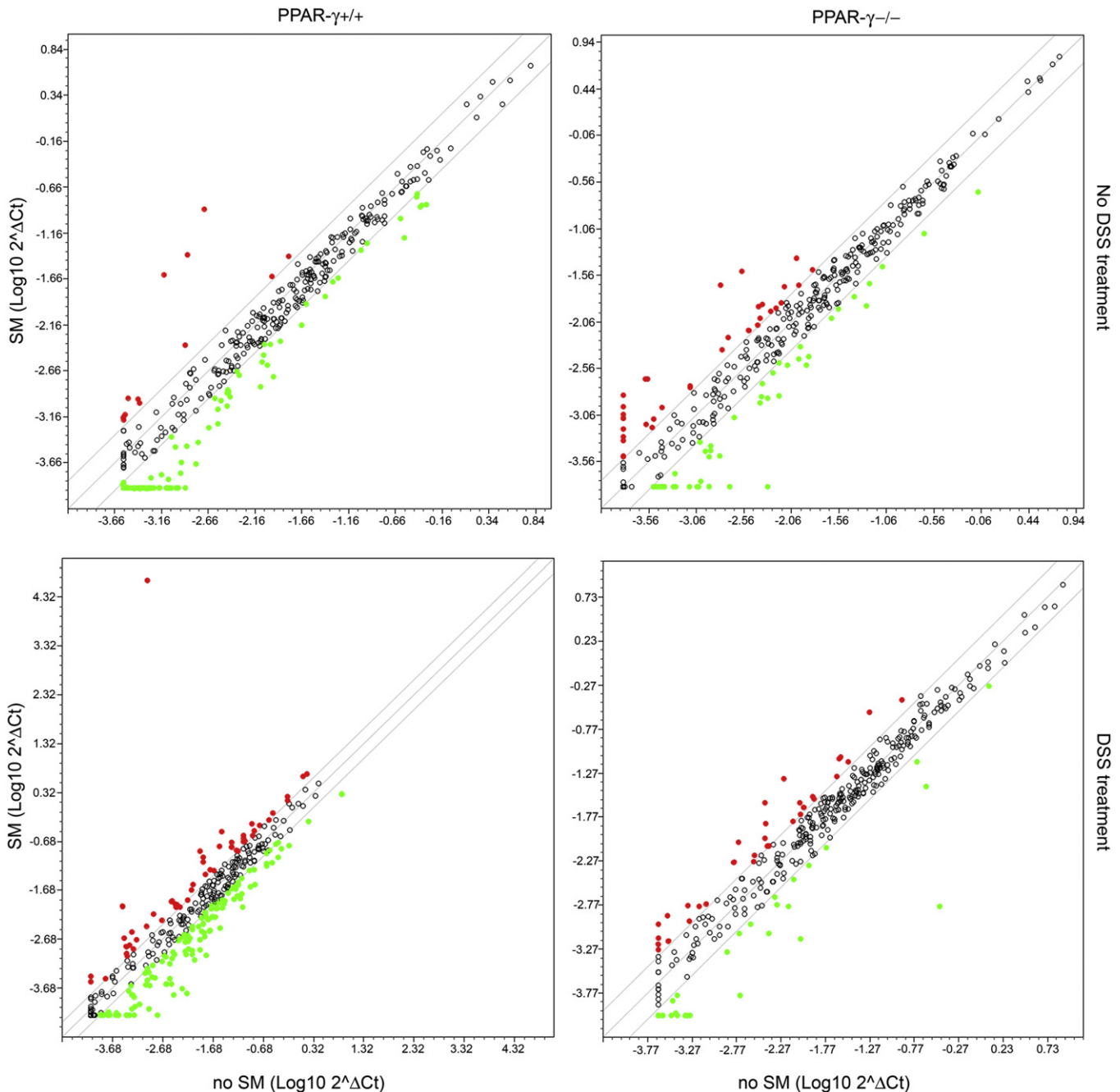


Fig. 9. Changes in gene expression levels in the colons of PPAR- $\gamma^{+/+}$ (left) and PPAR- $\gamma^{-/-}$ mice (right) in response to dietary SM. The mice were not treated (upper panels) or treated with 2% DSS for 7 days (lower).

264.7 macrophages with sphingosine, the metabolite also generated in the intestinal tract after oral administration of complex sphingolipids and presumably responsible for the suppression of carcinogen-induced colon cancer [5]. As shown in Fig. 10, sphingosine modestly but significantly activated PPAR- γ transcriptional activity in a concentration-dependent manner.

4. Discussion

Endogenous sphingolipid metabolites have been implicated in the induction of inflammatory responses both *in vitro* and *in vivo*. The present studies show that dietary SM reduced DSS-induced inflammation, accelerated disease recovery and reduced AOM-induced colon tumors. These findings were associated with an improved preserva-

tion of the colonic microscopic architecture during acute inflammation in both PPAR- $\gamma^{+/+}$ and PPAR- $\gamma^{-/-}$ mice and an increased survival of the mice. Interestingly, the expression of PPAR- γ in immune and epithelial cells enhanced the anti-inflammatory effects of dietary SM while its anticarcinogenic actions appear to be mostly independent of the mouse genotype.

Complex sphingolipids are digested to the bioactive metabolites ceramide and sphingosine [11,12,14,49]. These metabolites are likely the mediators of the observed tumor suppression since all complex sphingolipids tested (SM, glucosylceramide, lactosylceramide, GM1, GD3) [7,50] showed the same effect independent of the headgroup; additional effects of other molecular structures such as the fatty acid and the choline headgroup, however, cannot be ruled out. Many recent studies have focused on the association of ceramide and the

Table 3

	PPAR- $\gamma^{+/+}$		PPAR- $\gamma^{-/-}$	
	Up-regulated	Down-regulated	Up-regulated	Down-regulated
<i>(A) No DSS treatment</i>				
Cytokines	Gdf9, Epo, II11 , II12, II17, Muc4	Cd70, Cer1, Cmtm1,2, Csf3, Ctf2, Epo, FasI, Fgf3 , Fgf4, Fgf5, Fgf6, Fgf8, <i>Gdf2</i> , Gdf3, Gdf6 , Grem1, Ifna11, Ifna14, Ifna2, Ifna4 , Ifna9, Ifnab, Ifnb1, Ifne , Ifng , II1f10 , II1f5, II1f6, II1f8, II1f9, II12, II13, II16, <i>II17a</i> , II17c, II17d , II17f, II19, II1b, II20, II21, II22, II23a, II31, II4, II5, II6, II9, Inhba, Lefty2 , <i>Ltb</i> , Nodal, Nrg1, Prl, Slco1a4, Spp1 , <i>Thpo</i> , Tnfsf15, Tnfsf9	Cd27, Ebi1, Fgf3 , Gdf6 , Ifna4 , Ifne , Ifng , II10, II17d , II1f10 , II24, Lefty2 , Muc4, Spp1	Areg, Clcf1, Csf3, FasI, Fgf2, <i>Fgf5</i> , <i>Gdf2</i> , Gdf5, Ifna2, Ifna9, II11 , II5, <i>II17a</i> , II1a, <i>Ltb</i> , Slurp1, <i>Thpo</i> , Tnf, Tnfsf11, Tnfsf15, Tnfsf8
Cytokine receptors	II23r, II6st	Epor, Ifgrr1, II13ra2, II18r1, II18rap, II12rb1, II12rb, II1rapl2, II1r11, II1r12, <i>II20ra</i> , II2rb, <i>II21r</i> , II3ra, II5ra, II7r, II8ra, II8rb, Mpl	Gfra1, II2ra, Prlr	<i>II20ra</i> , <i>II21r</i> , II21ra, II22ra2, II23r
Chemokines	<i>Ccl12</i> , Cxcl2	Ccl28, Ccl3 , Ccl4, Ccl8, Cxcl15, Cxcl16	<i>Ccl12</i> , Ccl3 , Cxcl9, Pxmp2	Ccl17, Cxcl1, Cxcl5
Chemokine receptor		Ccr2, Ccr3 , Ccr5, Ccr9, Ccr12 , Cxcr4	Ccr11, Ccr3 , Ccr12 , Cxcr6	Ccr8, Ccr9, Cxcr5,
Inflammatory response	Apol7a, Reg3g, Tlr7	<i>Ahsg</i> , Apol8, Bmp7, <i>Fos</i> , Fpr1, Kng1, <i>Mmp25</i> , Nfam1, Nos2, Olr1, Prg2, Prg3, Prok2, Ptg2, Ptx3	Apol8, C3ar1	<i>Adora1</i> , <i>Ahsg</i> , Cd180, <i>Fos</i> , <i>Ltb4r1</i> , <i>Mmp25</i> , Siglec1, Tnfaip6,
Acute phase		<i>Crp</i> , Fn1, Ins1, Ins2, Itih4 , Reg3a , Sele, Serpinf2	Itih4 , Reg3a , Reg3g, Saa4	<i>Apcs</i> , <i>Crp</i> , F2, Serpina1a
Cytokine metabolism		Nlrp12, Sftpd	Csf2ra, Irf4	
<i>(B) DSS treatment</i>				
Cytokines	Fgf, Gdf6, Gdf9 , Ifng, II1f6 , II1f10, II1f6, <i>II1f9</i> , II17b , <i>II1a</i> , <i>II1b</i> , II23b, II27, II4, II7, Mif, Nrg1, Pglyrp1, Tnfsf14, Tnfsf9, Trap1	Bmp2, Bmp3, Cast, Clcf1, Csf1, Csf3, Ctf1, Erbb2, FasI, <i>Fgf3</i> , Flt3l, Gdf1, Gdf5, Gdf7, Glmn, Grem1, 2, Grn, Ifna2, <i>Ifna9</i> , Ifnk, II11, II15, <i>II16</i> , <i>II17a</i> , II7c, II17d, II17f, <i>II19</i> , II24, <i>II3</i> , Inha, Inhba, Inhbb, Pdgfb, Pdgfc, Ptn, Scg2, Slco1a4, Spred1, Srgap1, Tnfsf13, Tnfsf13b , Tnfsf4 , Tymp, Vegfa, Vgef, Yars	Cd70, Fgf7, Ifna2, Ifnk, <i>II1a</i> , <i>II1b</i> , <i>II1f9</i> , II10, II6, Inhba, Lefty2, Osm, Slurp1, Tnf, Tnfsf4 , Tnfsf11, Tnfsf13b	Cer1, Cmtm1, Crp, II17a, II17b, II19, Epo, <i>Fgf3</i> , Fgf4, Fgf5, Fgf6, Fgf8, Gdf3, Gdf9 , Ifna11, Ifna14, Ifna4, <i>Ifna9</i> , Ifnb1, Ifne, II12b, II13, <i>II16</i> , <i>II17a</i> , II17b , <i>II19</i> , II1f5, II1f6 , II1f8, II20, II21, <i>II3</i> , II31, II5, II9, Mstn, Nodal, Prl, Slco1a4, Tnfsf15, Tnfsf18, Tymp
Cytokine receptors	II10rb, II1r2, <i>II31ra</i> , II2ra	Cfra2, Cntfr, Csf2ra, Epor, Ifngrr2, II11ra1, II12rb1, II15ra, II1r2, II21r, II2rb, II5ra , II17r, II17rb, II18r1, II18rap, II1rapl2, II20ra, II21r, II22ra1, II28ra, II7r, II9r, Lifr, Ttn	II1r11, II2ra, <i>II31ra</i> , II5ra	II6st, II1rapl2, II23r, II8ra, Mpl
Chemokines	Ccl19, <i>Ccl3</i> , <i>Ccl4</i> , Ccl8, Cxcl10, Cxcl11, Cxcl3, Cxcl2, Cxcl5, Cxcl9	Ccl1, Ccl17, Ccl22, Ccl24, Ccl25, Cyp26b, Pf4, Ppbb, Pxmp2	<i>Ccl3</i> , <i>Ccl4</i> , Cxcl11, Cxcl2	Ccl24, Cxcl13, Cxcl15,
Chemokine receptor	Cxcr3	Ccr10, Ccr3, Ccr4, <i>Ccr8</i> , Ccr9, <i>Ccr11</i> , Cx3cr1, Cxcr4, Cxcr5, Cxcr6	Ccr7, Ccr12	<i>Ccr8</i> , <i>Ccr11</i>
Inflammatory response	Aif1, Cd14, Cd40, Itgb2, Ly86, Nmi, Pla2g7, Reg3g, S100a8, Spp1, Tacr1	<i>Adora1</i> , C3ar1, Dock2, F11r, Gpr68, Hdac 4,5,9, Hrh1, Lta, Ltb, Ltb4r1, <i>Mmp25</i> , Myd88, Nfam1, Nfatc4, Nfe211, Nfrkb, Nfx1, Nos2, Prdx5, Ptafr, <i>Reg3a</i> , Syk, Tlr2, Tlr5, Vsp45	Ptx3, Sele, Tnfaip6	<i>Ahsg</i> , Apol8, Kng1, Prg2, Prg3, Ptpra, <i>Reg3a</i> , Spaca3
Acute phase		F2, Fn1, Lbp, Serpina1a, <i>Serpinf2</i> , Stat3	F8, Saa4	Ins1, Ins2, <i>Itih4</i> , <i>Reg3a</i> , <i>Serpinf2</i>
Cytokine metabolism		Cd28, <i>Irf4</i>		Cd27, <i>Irf4</i> , Sfpd

initiation or perpetuation of inflammation. In macrophages, an increase in ceramide levels was associated with a higher Cox-2 expression [20] via NF- κ B activation [18]. Exogenous ceramide mimicked these events in murine macrophages, and it is thought that a ceramide-mediated suppression of PPAR- γ prevents suppression of NF- κ B activity (see a recent review [51]). Other studies suggest a key role of ceramide in the increased secretion of proinflammatory cytokines via NF- κ B activation in adipose tissue-associated macrophages [18] and Cox-2, cPLA2 and 12-LOX in primary astrocytes [52]. Another sphingolipid metabolite, sphingosine 1-phosphate, generated by sphingosine kinase-1, is a regulator of cell growth and a potent immune stimulator. The immune suppressor FTY720 activates specifically sphingosine 1-phosphate receptor1 and mediates sequestration of circulating lymphocytes within secondary lymphoid tissues, thereby decreasing CD4+ T cells

in the colonic lamina propria and homing of circulating lymphocytes into Peyer's patches and MLN [53]. In DSS-induced colitis, FTY720 attenuated infiltration of CD4+ T cells into the colonic lamina propria and the disease severity [54].

Based on our gene expression analyses, we observed that SM induced a proinflammatory response that was paralleled by an anti-inflammatory or counterregulatory immune response characterized by up-regulation of genes associated with anti-inflammatory phenotypes of CD4+ T cells (i.e., Th2 and Treg) as well as suppression of inflammatory chemokines and their receptors. Recent evidence supports the existence of cross-talk between these pathways and demonstrates specificity and plasticity in CD4+ T-cell fate determination [55,56]. Indeed, our data provide evidence that dietary SM supplements trigger the expression of proinflammatory and immunostimulatory genes consistent with Th1 and Th17 effector and

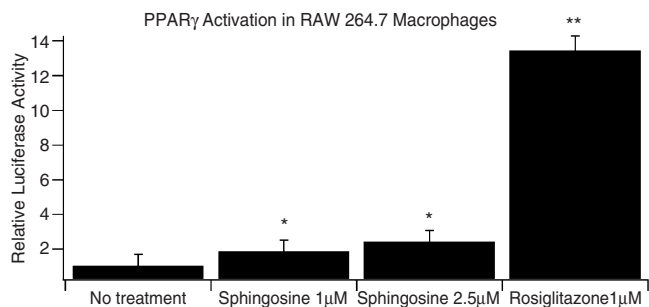


Fig. 10. Nontoxic concentrations of sphingosine activate PPAR- γ transcriptional activity in macrophages, determined by luciferase promoter activity assay, compared with the PPAR- γ agonist rosiglitazone (* P <.05; ** P <.01).

proinflammatory responses while at the same time up-regulate genes involved in a counterregulatory immune response that may inhibit proinflammatory genes. More specifically, dietary SM up-regulated the expression of genes involved in the differentiation of CD4⁺ T cells toward Th1 (IFN- γ) and Th17 (IL-17 and IL-23) effector phenotypes involved in cellular responses against pathogens and autoimmunity such as IBD, rheumatoid arthritis and multiple sclerosis [56,57]. This predominant Th1- and Th17-related gene expression pattern observed in SM-fed mice was consistent with increased expression of chemokines involved in leukocyte recruitment into the colonic mucosa (i.e., Ccl19, Ccl11, Ccl20, Cxcl9, Cxcl11). Surprisingly, this inflammatory gene expression pattern was associated with decreased colonic inflammatory lesions, increased survival and improved clinical disease. This apparent contradiction may be explained by the existence of a regulatory response that may have paralleled the effector/proinflammatory gene expression pattern described above. The parallel induction of effector and regulatory responses is typical in mucosal sites during inflammation or infection [58,59]. More specifically, SM-fed mice had increased expression of Th2 genes involved in humoral immune responses (IL-4, IL-13 and IL-13R) and a Treg-related gene (IL-10R) involved anti-inflammatory responses. Interestingly, the up-regulation of Th2 and Treg genes was modulated by dietary SM in a PPAR- γ -dependent manner. The better understanding of the potential regulatory actions of dietary components on CD4⁺ T-cell differentiation *in vivo* is important and further investigations of the effects of sphingolipids in CD4⁺ T-cell differentiation networks and immune function are currently ongoing in our laboratory.

Dietary SM administration decreased the number of macrophages in the MLN and lymphoplasmacytic infiltration in colons of mice with inflammation-induced colorectal cancer. These immunological changes were associated with a faster recovery from DSS-induced inflammation PPAR- γ ^{+/+} but not in PPAR- γ ^{-/-} mice. Macrophages, T cells and intestinal epithelial cells are the primary contributors to intestinal inflammation during IBD and express PPAR- γ . We hypothesized that the anti-inflammatory effects of SM were mediated through a PPAR- γ -dependent mechanism. We provide *in vitro* evidence demonstrating that SM increased PPAR- γ reporter activity in RAW 264.7 macrophages. These *in vitro* findings are in line with the PPAR- γ -dependent induction of Th2- and Treg-related genes in colons of SM-fed mice with DSS colitis. This pattern is likely to be associated with an increased presence of M2 alternatively activated macrophages, a cell type that is highly responsive to M2 fate determination after activation of PPAR- γ and δ [60–62]. In this regard, we found a decrease in F4/80CD11bCCR2⁺ macrophages in MLN of SM-fed mice, a cell phenotype that is proinflammatory but is also responsive to PPAR- γ [63].

The model of inflammation-induced colorectal cancer utilized followed a biphasic response pattern in which the first peak

corresponded to acute inflammation and a second peak that coincided with colonic tumorigenesis. Even though the effect of dietary SM on the first inflammatory peak follows a pattern that depends partly on PPAR- γ expression in epithelial and immune cells, the improvement in tumor area as well as adenoma and carcinoma formation observed in SM-fed mice at the end of the study appears to be independent of PPAR- γ expression in immune and epithelial cells. However, several genes that may promote cancer (ErbB2, Ltb, NfrkB) or exert antitumor effects (Gdf9 [64]) were down- or up-regulated, respectively, by dietary SM only in PPAR- γ expressing mice, suggesting that PPAR- γ may also play a protective role in the suppression of colon cancer by dietary SM. Our results also suggest that in addition to the immune cells, epithelial cells and, perhaps, their interactions may be targets of dietary SM in the suppression of inflammation. These findings will direct our further mechanistic studies.

In conclusion, the presented data demonstrate the ability of dietary SM to suppress colonic inflammation and inflammation-driven colorectal cancer. Further time-course studies are needed to dissect the stage-specific PPAR- γ -dependent and PPAR- γ -independent effects of this compound and to further characterize the immune modulatory actions of dietary sphingolipids in CD4⁺ T cells and macrophages.

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